

marionCityLimits30

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Many cultures one earth

Marion's biggest festival
brings community together

Community People



Safe house

Senior constable and home assist coordinator Leanne Taylor conducts a home and safety assessment with Ronald Greave. Eligible aged residents can call 8375 6649 for a free inspection.



Surging ahead

State Government drives State Aquatic Centre forwards

8



Not just a case of books

50 years of Marion libraries

11



Caring for mum

11 year old Shannon lends a hand

28

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Editorial Policy. City Limits is a community-building publication and is not intended to discredit other individuals or organisations. As such the Council reserves the right of editorial discretion.

Front Cover Dancers from the Australian Indonesian Association
by Simon Stanbury

what's new



Medical emergency booklet

A special booklet that will help paramedics treat people in an emergency is now available at City of Marion sites including the Administration Centre, libraries and neighbourhood centres.

The Emergency Medical Information Book (EMIB) contains a person's personal and medical details and can be magnetically held on the front of a refrigerator. It is designed to speed up initial medical treatment.

The booklet is being distributed by the Marion Lions Club and is available for a \$1.10 donation.

For further information, contact Lions Club representative, Peter Holt on 8377 0131.

Information to hand *The medical booklet can be held on a fridge.*



Lions help dads stay close

Expectant fathers can now rest easy at Flinders Medical Centre thanks to Marion Lions Club which presented five beds to its maternity unit on March 24.

The beds will help partners stay close to each other during labour while getting as much rest as possible.

The club also presented 18 blood pressure gauges so that there will be a machine permanently in each postnatal room. The gauges cost \$5400, of which \$2700 was donated by the Australian Lions Foundation.

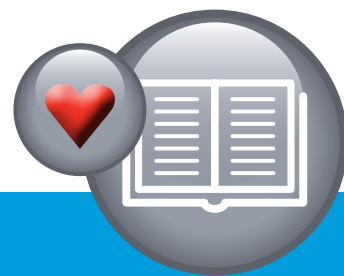
Staying calm *Marion Lions Club president Kel Waters tests one of the donated beds and blood pressure units.*



pauline o'brien



What did you say the recommended dosage of fish oil was dear?



Library users show their love

Marion's library users voted on what items they loved to borrow most as part of a special *Library Lovers* celebration.

Here is what the 609 people who took part like to watch, listen to and read.

Top 10 DVDs

Andre Rieu
Love Actually
Dad's Army
Vicar of Dibley
Lord of the Rings
Magnificent Seven
Sound of Music
Pulp Fiction
Shirley Valentine
Star Wars and Titanic (a draw)

Top 10 CD artists

Andre Rieu
Andrea Bocelli
Michael Crawford
Nina Simone
Leonard Cohen
Neil Diamond
Frank Sinatra
Placido Domingo
Rolling Stones
U2

Top 10 books

Lord of the Rings J.R.R. Tolkien
Twilight Stephanie Meyer
Gone with the Wind Margaret Mitchell
To Kill a Mocking Bird Harper Lee
Mao's Last Dancer Li Cunxin
Wuthering Heights Emily Bronte
A Thousand Splendid Suns Khaled Hosseini
The Time Travellers Wife Audrey Niffenegger
Keeping Faith Jodi Picoult
Harry Potter and the Order of the Phoenix J.K. Rowling
and The Bible (a draw)

Our Opinion

The Mayor Felicity-ann Lewis



As we progress toward the presentation of another Annual Business Plan and Budget for the community to consider, I urge you to take the time to have a look at the draft document and if possible attend one of the community consultations or conversation couches at local shopping malls. The new look website has made navigation around the site much easier and there is an abundance of information available for you to browse through.

Despite the challenges of the global financial crisis the City of Marion is progressing delivery of a range of infrastructure programs and there has been considerable interest in the development of Hazelmere, Scarborough Terrace and Harbrow Grove reserves. Many of our roads are being resurfaced and remediated. There is much to do and in a climate of increasing unemployment we are looking for further efficiency gains to keep our rates as low as we can without compromising

our strategic plan which many residents assisted us to develop.

I am proud to announce that I was recently elected as the next LGA President of SA, the first ever for the City of Marion. I will represent the local government sector in discussions with the state government and travel to Canberra as SA's representative at Australian Local Government Association meetings and on the Australian Council for Local Government which Prime Minister Rudd introduced last year. The Elected Members of Marion will have the opportunity to take a greater leadership role in civic affairs as they represent me in the community. I know you will make them welcome at your events and functions.

The CEO Mark Searle



Council, like all other organisations, is not immune to the global financial crisis. We are, however, in a sound financial position due to hard work over the past decade. In 1998-1999 Marion Council had an operating deficit before capital revenue of \$3.6 million. Careful financial management has resulted in three successive operating surpluses since 2005-2006. We are committed to providing stability by applying the same level of responsible financial management into the future.

Council's responsibilities also include providing services and facilities that meet community expectations. We have heard the community's vision to improve our environment, stimulate the economy, improve quality of life and increase cultural vitality. So, how do we fund the necessary infrastructure and service improvements?

Over the past five years council has saved \$4.7m in our budget through one-off and ongoing cost savings. These savings have been primarily allocated to capital works to ensure

that we improve our community's \$665m of roads, footpaths, playgrounds and facilities.

Rates account for 82 per cent of the total operating revenue council receives each year. When considering rates we work on averages, yet we are yet to meet the "average person". We have found, however, that using averages with a rate cap is reasonably effective in minimising dramatic changes in the rates from year to year for individuals. Council's objective is to maintain our position for the average residential rate between mid range and the 5th lowest rating of the 19 metropolitan councils. Marion had the 8th lowest average residential rate in 2008-2009.

There is absolute commitment to rigorous assessment of capability, identification of improvement opportunities, implementation and re-assessment within the organisation. This will help us continue to improve as an organisation and deliver the best value for ratepayers.



**Community groups, clubs and schools
can now register their interest in this
year's Marion Learning Festival.**

The festival will combine exciting stage demonstrations and displays at Westfield Marion Shopping Centre as well as a diverse range of workshops at the Marion Cultural Centre, the Living Kurna Cultural Centre, libraries, neighbourhood centres and other venues.

Members of the community and volunteers who would like to be involved in the event are also encouraged to get in touch.

Contact Cassandra Gibson-Pope on 8375 6705 or
cassandra.gibson-pope@marion.sa.gov.au



Art attack Gallery M's Julie Pritchard getting ready for the Blake Prize Exhibition and two of the artworks that will be displayed.

Art and soul

Marion's Gallery M will play host to one of the nation's most prestigious art prizes this winter.

After an absence of nearly 15 years, the Blake Prize Exhibition is returning to Adelaide, bringing with it some of the finest spiritual art in Australia.

But Blake Prize Society chairperson the Rev Dr Ron Pattenden says the subject matter is certainly not limited to the Christian and that spiritual does not necessarily even mean religious.

"Subjects range from politics to sexuality, gender, ecology, social issues, the personal inner contemplative and mystical ideas – it really is the whole gamut," Dr Pattenden said. "This is an opportunity for artists to explore love, passion, hate and everything in between."

"It's not about religion in a dusty, archaic kind of way. It's about what it is to be human today."



Named for poet and artist William Blake, the prize has been running since 1951. It has become an institution in Australia's art world, with the number of entries in the competition exploding in the past few years, rising from 350 two years ago to 1250 for the current prize.

"This is an exhibition that will annoy, irritate and comfort depending on which picture you stand in front of. It's probably the most diverse subject matter of any prize. It's prickly, interesting and comforting," Dr Pattenden said.

The Blake Prize Exhibition will be on display at Gallery M in the Marion Cultural Centre from 20 June to 31 July.



Gods of ball things Leah, 13, Sarvin, 16 and Liam, 7 go through their paces.

Learning to play the Brazilian way

Aspiring soccer stars can now learn the skills of the world's greatest players at Hallett Cove Sports Club.

Brazilian Soccer Schools SA kicked off its south Adelaide academy in January this year and 50 young players have already signed up to hone their talents.

Specialised coaching improves skill development by creating an environment where players can spend longer working with a ball than they would during a normal club training session, operations director Danny Graystone said.

"Most club coaching gives players up to 500 touches a session but a player can touch the ball 3000 to 5000 times during one of our three-hour coaching clinics," Danny said.

"The program is dedicated to improving individual technique. Good players always seem to have extra time and space on the pitch and it is because they have worked hard on their skills."

Danny runs the franchise with fellow UEFA accredited coach Terry Eadie. Their training sessions break complex skills and routines down to easily copied phases that are repeated until they become second nature.

The same syllabus helped produce English Premier League stars and internationals Theo Walcott and Michah Richards. And according to Terry, the school is already getting results.

"The kids at Hallett Cove have talent and a real passion for the game which shows in the way they train. They are improving all the time and clearly love to play the Brazilian way, which is with flair and style," he said.

Training is held once a week on a Monday at 5.30pm during the club season and two to three nights a week in the off season.

Brazilian Soccer Schools SA is open to boys and girls aged 7-16.

Call 8270 6696 for details.



Fit for life Scarborough Reserve has a fitness circuit and oval.



Watch this (open) space

Whether you want to warm up, sit up, walk on air, do weights or just go for a run, Scarborough Reserve is the place for you.

Completed last year, a revamp of the Dover Gardens park has proved extremely popular with nearby residents, with the reserve now doing double duty as a fitness park and oval.

Adding to the existing multi-use oval, cricket nets and playgrounds, the upgrade includes a rubberised jogging track and an outdoor exercise circuit with eight stations.

The \$176,000 project was jointly funded by the City of Marion and Planning SA to help meet the local community's recreation and exercise needs.

But Scarborough Reserve is not the only local open space where things have changed.

Nine other reserves are under development

around the City of Marion this financial year, providing open space and a range of recreational facilities such as sporting courts and play spaces.

Harbrow Grove Reserve at Seacombe Gardens is getting a major facelift, with work due to start later this year. The finished park will include a BMX track, a picnic area and a play area for young children.

Hazelmere Reserve in Glengowrie is also undergoing redevelopment, with new courts, a new play space and picnic settings perfect for family relaxation.

Another seven reserves are also having new playground equipment installed.

So watch this space!



Keen to work Luke is learning about work and the community.

Abilities for all at Glandore

A new program running at Glandore Community Centre is helping young people with disabilities increase their chances of employment.

The State Government-funded *Abilities for All* program is also running at two other locations in the metropolitan area, with organisers hoping to see up to 160 students graduate by the end of the year.

Bedford Industries' *Abilities for All* team leader Paul Gaertner said the 14-week course was all about helping people who had disabilities or were simply disenfranchised to get back into the community.

"There is a host of life skill units and if the students complete them all, they get a Certificate I in Business," Paul said. "The whole idea of the course is to embed them back into the community. It's about changing their lives, to get them out of the house and living again."

While *Abilities for All* has been run before, it was in a more specialised form that was based at workplaces rather than in the community.

"Moving it into the community seemed to be a natural progression," Paul said. "We've had some really good feedback through the job network on the clients doing the course. They're getting a lot out of it. It's fantastic to see."

Student Luke Beauchamp has been attending *Abilities for All* three times a week and hopes the course will help him find a job.

"There's a lot about work and about your rights and responsibilities," the 21-year-old said. "I might like to do something with computers, but it doesn't have to be that. I like to be open-minded."



Member for Bright Chloe Fox with Premier Mike Rann.



Mayor Lewis behind the wheel of the first car to travel Patpa Drive.

New road connects southern community

Patpa Drive was officially opened for traffic by Premier Mike Rann on 18 December.

Formerly referred to as the 'connector road', it was built to improve links between Hallett Cove, Sheidow Park and Trott Park as well as access to the Hallett Cove Shopping Centre which is being redeveloped by the Makris Group.

The 1.4km road cost \$13.5 million and was funded with \$4.45m from the Commonwealth Government's Road to Recovery 2 program, \$3.5m (plus land) from the State Government, \$1.45m from private sector partners the Makris Group and Oakford Homes and \$3.5m from council.

Speaking at the launch, Mayor Lewis said that the road is a symbol of what can be achieved when council works with other spheres of government and the private sector.

"Patpa Drive could not have been built without the support of the State and Federal governments and Auslink. We received considerable support from the Infrastructure Delivery section of the Department of Transport, Energy and Infrastructure," Mayor Lewis said.

"Council also received contributions from the

Makris Group and Oakford Homes who are developing facilities in the area."

The road features more than 100 trees and 3000 plantings. A further 34,000 shrubs and grasses will be planted between Lonsdale and Berrima Roads. It also completed the Coast to Vines cycling and pedestrian trail that runs from Marino to Willunga.

The decision to build the road arose from community consultation in 2001 and the subsequent development of the Marion South Plan. Council staff worked with local residents during the design and construction phase and the addition of a sound wall was one of the enhancements to come from the consultation process.

Council also worked with residents to name the road. 'Patpa Drive' was chosen from more than 150 suggestions and the three community members who submitted the name won a voucher for Hallett Cove Shopping Centre and were in the first car to drive the route with Mayor Lewis. 'Patpa' is a Kaurana word meaning 'southern wind'. It is also the name of an old railway station in the area.



Mayor Lewis and Premier Mike Rann open the road.



Jamie Goldsmith performs a Kaurana welcome.

Update Major Projects



The redevelopment of Hallett Cove Shopping Centre is nearing completion.

State Aquatic Centre and GP Plus

The State Government's announcement in February that it was taking over the design and construction of the \$80 million South Australian State Aquatic Centre has been welcomed by the City of Marion.

Aqua43, the consortium that was previously developing the centre, had been seeking another operator to replace Macquarie Leisure which withdrew from the project in late 2008.

The decision by the State Government will enable the project to move forward said Marion Mayor Felicity-ann Lewis.

"The announcement is very positive news for the whole community. We've been working with the State and Federal governments for a long time on this and we recognise their determination and commitment to the centre," Ms Lewis said.

"It is a testament to the sound partnerships that even when there are obstacles, if there are good foundations of trust, it provides the opportunity to work through the issues and get an excellent outcome."

Additional features will be incorporated, including:

- > increasing the depth of the main swimming pool to three metres
 - > increasing seating capacity to 4500
- A group that has been lobbying for a

new State Aquatic Centre for the past 11 years also expressed its delight that the project will go ahead.

South West Indoor Aquatic Centre Committee chairman Alan Colton said that the news was a great step forward.

"We have been working for many years towards making the State Aquatic Centre a reality and believe it will be of huge benefit to the community and elite athletes," Mr Colton said.

Federal Government is contributing \$18 million and the City of Marion \$5 million as well as the land for the site, which is valued at about \$10 million. The majority of funding will come from the State Government.

The \$27 million GP Plus Health Care Centre aims to strengthen primary health care and keep South Australians living well in the community and out of hospital.

It will provide coordinated health services responsive to community needs and work closely with general practice. Information gathered from community consultations in 2008 is currently being used to develop a service model. Candetti Constructions will build the State Aquatic Centre and GP Plus.

Hallett Cove Shopping Centre

The Makris Group's \$50 million expansion and redevelopment of the Hallett Cove Shopping Centre is nearing completion.

On 29 June 2009 Big W and Woolworths will open their doors for business joining Foodland and 50 new specialty shops. The centre's grand opening is scheduled for September 2009. The centre will also feature a food court, parking for 960 vehicles and a new McDonalds store.

The construction phase created 200 jobs and when opened the centre will provide 450 new jobs.



50 Years 1959 to 2009

50 years of Marion libraries

When Marion's first library opened its doors on 7 February 1959 it boasted 3500 books and a solitary librarian whose lunchbreak was announced when they drew a curtain in front of their desk. Known as the Pitman Library because of the family's financial contribution to its construction, it was based on Sturt Road and within three days had 500 members.

One book sure to have been in demand was that year's Miles Franklin Literary Award winner *The Big Fellow* by Vance Palmer. Elsewhere, Johnny O'Keefe was hosting *Six o'Clock Rock*, Barbie was the brand new doll of choice and Gregory Peck and Ava Gardner were filming *On the Beach* around Melbourne. If the world seems a very different place today, then so are Marion's libraries.

With 450,000 visitors and 54,000 members borrowing close to one million items each year, Marion's three libraries at Hallett Cove, Park Holme and the Marion Cultural Centre now provide information, resources and services for the entire community. Like the world around us, libraries have evolved, said City of Marion's manager library services, Abby Dickson.

"Libraries are community hubs where there is something for everyone. They not only provide books but have DVDs, CDs, CD-ROMs, magazines, community language collections, literacy kits, newspapers, local history resources and toys," Ms Dickson said.

"The toy library has been very popular since it opened at Park Holme in 1980 and there are now two libraries where kids can borrow a wide range of play items. It's a money saver for parents and supports the development of children



Play and learn Marion Library Services Tara Dunstone joins in the fun at Park Holme toy library.

through play."

Technology has transformed libraries by providing easy access to local and global information. People can order resources over the web at any time of the day or night and receive an SMS message when materials are ready to be collected. Staff search national databases to track down materials for customers and there is also a free Internet and wireless service.

One of the biggest changes in Marion's libraries over the past 10 years has been an increase in community events and learning programs. There is baby bounce, story times, homework help and school holiday activities. Adult programs include book discussion groups, reading circles and author presentations which bring people together who share a love of reading.

The library's mobile service was established in 1963 and, along with the housebound service, ensures people who are unable to get into a library can access resources.

The best summary of the importance of the

library to the community was provided by Dorothy Arandelovic who, as part of Marion Library Services' 50th birthday celebrations, won a competition to describe what a library means to her:

"Dear Park Holme Library: Your past is my past: two babies, one adult matriculation, one BA, bereavement, illness, health and fitness, older life. Didn't know you were there? Yes you were there and I thank you for the information, education and solace provided by exceptional staff."

Another entry showed how libraries are relevant to the modern family:

"The library has grown along with our family – toy library that would keep the kids entertained ... now the kids are enjoying magazines, DVDs and CDs. Thank your for a wonderful service for the community."

The next time you visit one of Marion's libraries, check out the 50th anniversary photographic display which shows how they have grown.

For details of Marion Library Services go to www.marion.sa.gov.au



Play takes wing

Park Holme-based theatre company Galleon is back with its first show for the 2009 season, Frank Vickery's *Roots and Wings*.

Featuring Lindy Le Cornu, Peter Davies and Alex Bond, *Roots and Wings* is a comedy about a couple trying coming to terms with their son's sexuality.

While Ruby and Griff are struggling with the news that their son Nigel is a drag queen, he is

hurt in a car accident and they find themselves face to face with his lover's parents at the hospital.

***Roots and Wings* is on at the Domain Theatre in the Marion Cultural Centre from May 14-23. Bookings 8322 9132.**

Central Ward

Councillor Carol Bouwens

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Sturt 5047 T/F 8298 6079
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Central Ward

Councillor Raelene Telfer

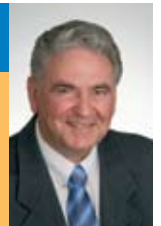
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Central Ward

Councillor Frank Verrall

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Waste update: instead of needing to report stolen or missing bins to the police, as previously required, residents and businesses now need only complete a Missing Bin Form available from Council, either electronically or in hard copy, have it witnessed and returned to the Waste Administration Officer for processing. Email enquiries to council.wastemanagement@gmail.com or ring 8416-6244.

Did you know that:

(a) disposable nappies, *which must go in the red bin for disposal*, are one of the hardest items to break down in the waste stream due to the fastenings, which do not break down at all. In Australia, 800 million nappies end up in landfill each year, enough to fill the MCG three times over every year. For new parents watching their costs, disposable nappies can be replaced by modern re-usable cloth nappies which are as easy to put on as the disposable, with press studs and Velcro options available. Cloth nappies can be purchased in sizes that fit most babies, from birth through to potty training, and can be washed time and time again; they are available at a number of websites, including www.darlingsdownunder.com.au and are certainly worth considering.

(b) when undertaking renovations or new building, any damage to the footpath or kerb caused by contractors etc., is the responsibility of the property owner to reinstate if left damaged after completion of the works; it would certainly pay to ensure contractually that the contractor makes good any damage caused prior to signing off on the job.

As I walk the Sturt Linear pathway I receive the greeting, 'Bit dry! We could do with some rain!' Yes, we badly need rain. If our water for drinking and showering from the Adelaide Hills and the River Murray fails, we must have another source for our basic water needs. Soon we will be dependent on desalinated water from near Hallett Cove Heights. This desalinated water will be relayed in a pipe up the east of Lonsdale Road and across to Happy Valley Reservoir. The attractiveness of our streets in Marion depends on our maintaining our green gardens. Marion Council also has the role of keeping green trees, maintaining sports-fields and parks for us to enjoy as we move around our City.

We hear that in future the rain clouds will travel further south, and Adelaide will have a rain pattern more like that of Port Augusta. What changes can I make to use less water? More mulch? More local native trees and plants? Bigger rainwater tanks plumbed into my house? We are now beginning to conserve our limited water.

The planned Oaklands Wetlands on Oaklands Reserve will receive stormwater runoff from the water catchment area of Mitcham. Stormwater will be collected in a wetland, cleaned by filtering and pumped into the aquifer below. The recharged water in the aquifer can be reused on our parks and gardens. Far better we recycle our storm water than send it swiftly down the Sturt River drain and straight out to sea.

Rainwater tanks. The City of Norwood Payneham & St Peters is collecting the rainwater off the roof of the Local heritage listed Norwood oval grandstand (Sir Edwin Smith Pavilion).

Two concrete tanks with a combined capacity of 45,460 litres were installed underground in the car park adjacent the grandstand in March 2008. The rain water is filtered through a 10 micron carbon filter to remove sediment, before it is delivered (via a pressure pump) to the Norwood Football Club change rooms, for use in the showers, toilets, hand basins and washing machine. The rainwater is also plumbed into the adjacent public toilets, for use in flushing and in the hand basins. When the amount of rainwater in storage is insufficient to supply the demands, the pressure pump switches over to allow mains water to be used.

This initiative, together with the installation of low flow shower heads, taps and dual flush toilets, saved 250,000 litres (250 kilo litres), in the first six months of operation.

The *triple* bottom line.

The cost \$50,000 capital: depreciation \$5,000 pa maintenance (filters, gutter cleaning, electric power) \$500 pa.

The savings 500 Kilo litres @ \$1.00 per kilo litre equals \$500 pa.

Cost benefit analysis: reveals a loss of (\$5000+\$500)-\$500 or \$5,000 per annum.

Community benefit analysis: Is mostly "feel good" and educational.

Environment benefit analysis: reduction of storm water runoff and pollution entering the River Torrens. Used water joins the sewage input stream for recycling which probably costs more than the value of the water saved.



1 Learning to paint at splashout studios.



2 Shirley examines the ceramics at the Marion Cultural Centre.



3 Bridget casts a eye over a Young Papparazzi exhibition at the Marion Cultural Centre.

Ward Councillors Views

East Ward

Councillor Chris Tilbrook

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East Ward

Councillor Vicky Veliskou

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East Ward

Councillor Natalie Victory

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By now some people have recovered from Easter, maybe the school holidays, and hopefully we have had some rain.

One thing residents may have been asked about is to comment on a City of Marion Representation Review-Options Paper, which looks at how residents are represented on Council. (Council is required to undertake this review every 8 years) The review will look at whether we have enough Councillors or need to change ward boundaries or get rid of wards altogether. East Ward has 17,354 Electors and is the second biggest in Marion Council (only by 40 electors), and is represented by three Elected Members.

My view is to change our ward boundaries and to have a smaller number of electors with two Elected Members. The change to ward boundaries should be based on communities of interest.

The Review needs to ensure adequate and fair representation whilst not to be over represented in comparison with other Councils. At present there is no over representation in the City of Marion, but in my view the overall number of Elected Members could be reduced from 12 to 10. This may see a cost saving to Council, an increase in elected members commitment, and better debate and effective and robust decision making.

This topic usually generates very little interest from residents, but I ask that you try and participate in the review process, as after all we are representing your views.

Also keep an eye out for the consultation around Councils Annual Business Plan and Budget. This always generates active participation from residents.

Residents often express their concern about street signs being vandalised or the need for more signs being installed. Consequently, council staff prepared a report stating the pros and cons of etching road names on curbs, together with the experiences on this matter from seven other metropolitan Councils. Look out for a special segment appearing in future publications.

Bus Stop 16 - Marion Road

The site on the footpath has been prepared for a slimmer style bus shelter. Hopefully, we shall find the appropriate supplier before the rain comes!

King & Margaret Streets - Glandore

Drainage work stage 2&3 will be starting soon. Delay was due to engineering review, but not lack of funds. Road surfaces will be properly remediated upon completion of project.

Kelly Grove - Mitchell Park

The water table has been re-adjusted to avoid water pooling before the driveway link. Any questions about the latest works on the link, itself, should be referred to council on 8375 6600.

I have been repeatedly asked why council has By-laws when they cannot be enforced. To be fair to all residents, our hard working General Inspectors are trained to use their judgement on each case they are requested to attend. I too get furious when I'm trying to back out of my driveway that it is blocked by another parked car. Unfortunately, it reflects on our behaviour as drivers and community members. Maybe a check on our actions will prevent some unnecessary stress in our lives. Kind regards and keep in touch.

Welcome back to the first City Limits for 2009. It is with great pleasure that I introduce Marion's newest resident, my daughter Charlotte, born on Christmas Day 2008. An unexpected Christmas present for the Victory and Grzeskowiak families who are already wondering how they can possibly squeeze all celebrations into one day of the year!! I cannot believe she is almost 4 months old, already developing a distinct personality and keeping her proud parents on their toes.

The City of Marion offers many services to new mums. The Marion, Hallett Cove and Park Holme libraries offer Baby Bounce once a month. A fun, interactive session introducing babies 0-2 to libraries, action songs, nursery rhymes and rhythm. Dates and times, along with bookings can be made by contacting the libraries direct. Marion and Park Holme libraries also contain a toy library which, for an annual membership fee, allows families to borrow items such as puzzles, board games and toddler toys. A great idea for saving money.

The Council also offers immunisation clinics once a month at Hallett Cove library and Child and Youth Services at Westfield Marion. To book contact council on 8375 6600. Remember, if you have any concerns in your local area, feel free to contact me on 8375 5176.



1 Clinton gives the lawns a trim at Edwardstown Bowling Club.



2 Coast FM presenters Maurie Huxley and Trevor Dawson are sticking to vinyl.



3 Ascot Park Scouts preparing for a trash 'n' treasure.

South Ward

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South Ward

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South Ward

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Reading councillor Frank Verrall's article in the last edition in the City Limits has got me thinking, what are a few of my favourite parts of the City of Marion. In no particular order here they are.

Hallett Cove Walking Trails - these walking trails are incredible. With views of the picturesque Hallett Cove coastal line, this trail is good to get the blood flowing, with lots of staircases to go up and down. I personally think the best time to go is either early in the morning, or in the evening as the sun is setting. You may even see a dolphin or two.

Warriparinga - the Kaurna ceremony meeting place, situated by the Sturt River is an oasis within our city. The staff at the Living Kaurna Cultural Centre conducts tours of this region, teaching participants about the Kaurna culture including different types of bush tucker eaten by the Aboriginal people prior to settlement, and the different customs that they practiced.

Marion Historic Village Walk - another walking trail I enjoy is the Marion Historic Village Walk. This trail takes you past some of the city's oldest buildings including the Laurel Cottage, the Wesleyan Chapel, and the Marion Inn. This walk is about two kilometres long, and has taken me just over an hour. If you would like more information about this walk, or any of the other the things I have mentioned, please contact the council office on 8375 6600.

Lastly I must congratulate the Cove Cricket Club for taking out the Southern Cricket Premiership against Port Noarlunga for 2008/2009.

The Hallett Cove Shopping Centre is taking shape. Patpa Drive has made a difference to accessing the centre as well as providing better access to Hallett Cove and Sheidow Park. The bike and pedestrian path is proving a popular route with cyclists and walkers constantly seen along the way. Once the shopping centre is complete our long held habits and routes to and from and around the centre may change.

A Local Area Traffic Management Study or LATM will be conducted to assess how we are using the access and egress points to the shopping centre and surrounding streets. Pedestrian routes as well as vehicle use will be acknowledged. Council has already undertaken traffic counts of routes that were taken before the changes. Many of these may have altered with the new connector road being now part of our road network.

Council has extended the parking area and extra car parks have been provided at Hallett Cove Beach Station for train commuters. This will help to alleviate parking on Reliance Road and avoid congestion around the eastern side of the station. Safety is paramount and with cars parked away from the street pedestrian access to and from the station will be much easier and safer.

In March 2007 a Concept Plan was proposed to upgrade the undeveloped open space area adjacent to Glade Crescent, Hallett Cove, by constructing a wetland and recreational reserve. Following a consultation process involving the local community, residents and schools etc, a report was submitted to Council in June 2007 with a preliminary design for Council's recommendation.

In April 2009 a detailed report was presented to Council and approved, outlining a master plan for consideration that summarised the opportunities to construct wetlands and provide significant recreational, educational and environmental benefits for the community as well as vastly improving the appearance and amenity of the area. It is proposed that Council staff arrange a public meeting, as well as informing residents in the vicinity of the reserve and people who have requested to be kept informed. My hope is that this can be implemented as soon as possible.

Disposal of electronic waste is a growing domestic and global concern with both social and environmental impacts. A large proportion of e-waste contains hazardous products, lead, cadmium and mercury. If disposed to land fill, there is the possibility of contamination from the waste, as well as loss of renewable resources. Residents should not dispose of e-waste through kerbside collection. Currently, residents can dispose of e-waste via hard rubbish or by privately choosing an e-waste recycler.



1 Liz with granddaughters Jenna and Kaylee.



2 A Sunday stroll by the coast is a great way to start the day.



3 Barbeque time at Hallett Cove.

Ward Councillors Views

West Ward

Councillor Steven Mudge

c/o City of Marion 245 Sturt Rd
Sturt 5047 T/F 8351 1574
steven.mudge@marion.sa.gov.au



West Ward

Councillor Jason Veliskou

PO Box 211 Oaklands Park 5046
T/F 8387 9048
jason.veliskou@marion.sa.gov.au



West Ward

Councillor Irene Whennan

25 Tiparra Ave Park Holme 5043
T/F 82763712
irene.whennan@marion.sa.gov.au



Summer is behind us and many of us have been very busy these last few months trying to keep what we have left of our gardens alive. With the onset of winter fast approaching we can hope for drenching rains and lush growth and some home grown winter vegetables to harvest. Over the winter period most garden plants should do quite well with just local rainfall however there still may need to be some irrigation applied. Please be mindful that even though it is cooler and hopefully there is more rain over winter our water supplies are still very fragile so use water efficiently and innovatively when in the garden.

Having said that, I believe gardeners are treated very unfairly by the current water restrictions and it is up to everyone in the community to do their bit to use water wisely whether it be in the garden, taking a shower, using your washing machine or maintaining your swimming pool. In Marion we have seen ridiculously high numbers of private swimming pools being approved which require huge amounts of water to fill and top up yet there is no talk of regulating their installation with the precarious state of our water resources. I have even considered (in jest) that I should put in a swimming pool and 'drain' it into my veggie patch over summer to grow my veges without breaching the restrictions. Hopefully sensibility will prevail.

It is always heartening to see people triumph over adversity and it takes great human spirit and depth of character to face up to life's hurdles.

It is stories such as these I was recently privileged to hear at the Annual City of Marion Youth recognition awards. These awards recognise the achievements of youth in and around the City of Marion who have made significant achievements often in quite difficult circumstances. It makes us realise that things many take for granted can be quite hard for people due to a variety of possible, family, medical or situational factors.

What impressed me most about the recipients of these awards was their attitude. Whilst their circumstances were something they could not always control, they always showed courage, resilience and positivity in the face of adversity.

Many people look up to community leaders and those in power for inspiration. I look up at young people such as these and find my inspiration, well done all of you and thank you for sharing your stories with us!

Finally I was lucky enough to attend the Multicultural Community Swimming program end of year barbeque at the Marion Swimming centre Park Holme recently. This program (along with a program for local youth at risk), run in conjunction with Youth Cultural Revival and the Australian refugee Association was funded in 2009 by the Marion council community grants and teaches water safety and swimming skills. Congratulations also to Glenn Shapel for once again making this program a success!

2009 - The Year of the Blood Donor.

Earlier this year I was reminded of the old advertising slogan to encourage blood donors - *blood donors love life*. (I most certainly do and I am sure that those who are recipients of a blood donation definitely do!). This came home to me in a very personal way when my husband was hospitalized and required nine units of blood over three days. I myself have been a blood donor for 40 years now and have donated blood regularly during that time. As with anything that we do on a regular basis we tend to just do it and not think much about it. Now when I donate blood I am very conscious of the end result of my action. The process takes approximately one hour of your time every three months and is painless (and it is a good way to keep an eye on your iron level). The Red Cross Blood Service attends at the Marion Cultural Centre so you do not have to travel far.

If you are interested in becoming a blood donor or would like more information call 13 14 95 or go to www.donateblood.com.au



1 Libby takes I Am Discreet for exercise.



2 Gymnastics SA's Gym Jet, Sarah, gets tips from head coach Marila at Marion Fitness and Leisure Centre.



3 Joyce taking her dog Cassie for a stroll.



celebrating diversity

By Richard Watson Photography Simon Stanbury Multicultural song and dance took centre stage at Marion's biggest festival on Sunday 29 March. Marion Celebrates took the audience on a journey from ballet to Bollywood and included dance routines from the Baha'i, Indonesian and Filipino communities as well as an Aboriginal cultural performance.

It was the first time in the festival's 10 year history that it had been held at Warriparinga. The surroundings and facilities proved ideal for the 3500 visitors and the event also served to highlight the venue, Marion Mayor Felicity-ann Lewis said.

"While the majority of people who came were from Marion there were also many from outside the council area. People were attracted by the prospect of a family day out that offered a lively experience of different cultures and diverse community activities. Most visitors said that it was their first visit to Warriparinga, so it was also a wonderful introduction to the venue," Mayor Lewis said.

"As home to the Living Kaurna Cultural

Centre, Warriparinga enabled people to experience aspects of Kaurna culture, which complemented the event theme of *Many Cultures, One Earth*. The grassed open spaces and atmosphere encouraged people to relax and interact. It was a privilege to be there."

In addition to a packed stage program, *Marion Celebrates* included a tented 'bazaar' of 35 groups providing arts, crafts, food and community information.

One of the aims of the event was to highlight Marion's diversity and take a stand against racism and intolerance. This was reflected in *Stage Stories*, a crosscultural arts project which enabled community members to collaborate to produce a special performance.

Stage Stories was directed by Kat Worth, coordinated by Lawrence Wilkes and funded by ArtsSA. They worked with 20 people from different cultures who explored myths and legends through words, movement, music and costume.

Schools were involved in the production of *Marion Celebrates* through a *Harmony Day* project. Artists Bob Daly and Kalyna Micenko worked with Marion, Warradale and Woodend Primary Schools and Sacred Heart College Middle School to create a special display of flags. The display depicted the students' impressions of cultural diversity and proclaimed a colourful 'hello' in 54 different languages.



“ People were attracted by the prospect of a family day out that offered a lively experience of different cultures and diverse community activities. ”



All board Long-time passenger Joan with volunteer driver Merv.

New buses get into gear

Marion's community bus service shifted up a gear with the launch of two new vehicles in February.

The Mercedes Sprinter 315 long-wheelbase diesel vans were built in Germany and converted to wheelchair accessible buses in Adelaide for \$88,055.

The buses provide a door-to-door service for eligible aged and frail clients, enabling them to enjoy an independent lifestyle while living in their own home.

The first passenger aboard was Joan Turner, aged 91, and a community bus user of 15 years.

"I go shopping with a group of people from my area each week. The service is excellent and the volunteers are always very pleasant and helpful," Joan said.

Joan is one of 300 clients who use City of Marion's community buses. While the most popular destinations are shopping centres at Westfield Marion, Castle Plaza, Park Holme and Hallett Cove, the route includes recreation centres, senior citizens' clubs and libraries.

The buses are operated by 22 volunteers and run weekdays with monthly Sunday outings including trips to Port Adelaide markets and the Botanic Gardens.

If you would like to know more about City of Marion's community bus service call 8375 6649.

Rate postponement option for seniors

Marion ratepayers with a State Seniors Card can apply to council for a postponement of their rate payments to help them through periods of financial hardship.

Applications can be made to postpone payment of any amount in excess of \$500 for the current or future financial year.

All rates that are postponed will become due and payable when the title of the land is transferred

to another person or there is failure to comply with a condition of postponement. Interest is also payable on the deferred amount.

For full details, contact City of Marion rating services on 8375 6600.

Reducing wood smoke

If you use a wood heater there are some simple ways to reduce the amount of smoke it releases. Making the heater more efficient will also save you money.

To reduce smoke

Burn dry, seasoned, untreated wood

Stack wood under cover in a dry ventilated area

Use small logs

Start the fire slowly with small sticks and then gradually increase the size of the wood as the fire burns brighter and stronger

Burn the fire brightly

Have a flame if burning your heater overnight

Clean the chimney flue regularly (this is also important for safety)

Excess smoke can mean

Unburned fuel is being emitted into the atmosphere

Pollution which leads to respiratory problems

If a wood heater is not used correctly, then your money is being wasted by the need to burn more wood

For an information booklet call 8375 6600.



Agenda

Public Consultation

Periodical Review of Elector Representation

Pursuant to the provisions of Section 12 (7) of the Local Government Act 1999, the Council is to carry out a review to determine whether alterations are required in respect to elector representation, including ward boundaries and the composition of Council.

Council currently has 12 members, an elected Mayor and four wards. The representation review will explore whether Council should keep this structure, or have fewer members, a Chairperson instead of a Mayor or a different configuration of wards.

<p>Representation Options Paper</p> <p>Copies of the paper are available free of charge from</p> <p>City of Marion Administration Building 8.30am - 5.00pm Monday - Friday 245 Sturt Road, Sturt</p> <p>Council's Libraries Marion Cultural Centre Park Holme Hallett Cove</p> <p>Council's website www.marion.sa.gov.au</p> <p>Or by contacting Kathy Jarrett T 8375 6720 Jaimie Thwaites T 8375 6625</p> <p>Call for Written Submissions</p> <p>Written submissions are invited from interested persons</p> <p>Commencing from Wednesday 8 April 2009</p> <p>To be addressed to Kathy Jarrett <i>Manager Governance</i> City of Marion 245 Sturt Road Sturt SA 5047</p> <p>Or emailed to kathy.jarrett@marion.sa.gov.au</p> <p>To be received by Close of business on Friday 29 May 2009</p>



Changes to Residential Development Assessment

State Government has introduced a number of planning reforms relating to residential development via the Residential Development Code to streamline the development assessment process.

From 1 January 2009, developments such as small sheds, unroofed pergolas, decks and shade sails were exempted from requiring development approval.

Further changes were effective from 1 March 2009. 'Building rules consent only' now applies to structures including outbuildings, carports, verandas, pools, shade sails, water tanks, solar panels, internal building work and demolition that meet certain criteria.

'Complying development' has been expanded to apply to single storey alterations, and additions to existing homes and ancillary structures. 'Complying development' applying to new dwellings is likely to begin later in the year.

An outcome of the planning reforms is that council will not be required to undertake public notification for most forms of residential development that comply with the code, including provisions relating to site coverage and side

setbacks (walls on boundaries).

City of Marion has responded to the first stage of consultation being conducted by State Government to identify residential character areas. These must be geographically discrete, able to be distinguished from other areas due to special attributes and have a predominant built form constructed before 1940. The community will have an opportunity to provide comment on character areas as part of the Development Plan amendment process.

For further information on residential planning reforms visit the Department of Planning and Local Government's website on <http://www.planning.sa.gov.au>

People planning to build residential additions, alterations or new dwellings should contact City of Marion's Development Services Department on 8375 6685 or email robert.tokley@marion.sa.gov.au to check if any planning approvals are required.

Learn about Lions

If you are interested in making your community a better place to live Marion Lions Club would like to meet you.



Potential new Lions can learn about the club's activities and how they can help the community.

When 18 May, 7.30pm

Where Marion Council Administration Centre, 245 Sturt Road, Sturt

Contact Marion Lions secretary
 Peter Holt on 8377 0131



Cleaning up Members of the Sustainability Street group have been making their own soap.

Home made laundry soap cleans up

Sustainability Street workshops have attracted many residents keen to share practical ideas on how to save waste, water and energy. One of the most popular ideas came from Harry Harrison who passed on a recipe for environmentally friendly liquid laundry soap that he has been using for 15 years.

Harry found the recipe in a book about eucalyptus oil and added it to his repertoire of home made products.

“We have lost many skills, including making everything from foods such as jams to laundry soap. I have had a long interest in home made products for and the *Sustainability Street* meetings have been an ideal way of sharing them,” Harry said.

“Making your own laundry liquid uses fewer chemicals in the home and reduces the impact of

chemicals on the environment and ourselves.”

The first *Sustainability Street* group meeting was held in July last year. The project encourages people to come together to learn how to make their community more sustainable with practical ideas that protect the environment.

For details of Sustainability Street, contact the coordinator at the City of Marion, Kate Hubmayer, on 8375 6767 or email kate.hubmayer@marion.sa.gov.au

Green Agenda

The recipe for Harry's environmentally friendly liquid laundry soap

Ingredients

1 cake of pure washing soap or 125g soap flakes (unbranded soap is ok)
1 cup of washing soda, which is in large crystals rather than a powder
Water
3 plastic buckets
50 - 100ml of eucalyptus oil or other fragrance, eg lavender

Steps

- 1** Finely grate one cake of soap into a bucket and add 1 litre of water that has just come off the boil. Dissolve the soap by mixing and mashing with potato masher or mix with a food processor or barmix.
- 2** In a second bucket, dissolve the washing soda in 1 litre of boiling water
- 3** Now strain the soap mixture through a strainer into the washing soda bucket. Mix well
- 4** Add 50 – 100ml of eucalyptus oil or other fragrant oil if you wish
- 5** Divide the soap/soda mixture evenly into 3 empty 9 litre buckets
- 6** Fill each bucket slowly with cold water, nearly to the top, mixing gently with a wooden spoon or stick

The mixture should set into a soft gel which can be used to wash clothes in cold water. You will have made about 27 litres. From one half to a cup full is enough for one wash.

From little things

A new community garden at Clovelly Park is encouraging green fingers among people living in supported residential facilities.

About 40 SRF residents from the Marion, Mitcham and Holdfast Bay areas visit The Happy Garden at Southern Primary Health's Inner Southern centre every week.

SPH-IS manager Cheryl Wright says the

smoke-free garden has been producing a variety of vegetables and flowers since the beginning of the year.

“The aim is for the local SRF residents to come in, do some healthy gardening and some healthy eating because they also cook the produce,” Cheryl said.

“Some garden, some sit and watch. People enjoy social interaction and exercise and at the same time, they get to know Inner Southern and the services we offer. They might choose to see a counsellor or a nurse. That's quite important because many people would not have come to the service before. It's been a great success.”

Project coordinator Adam Dwyer collects residents

in a bus to visit twice a week and participants are involved in making all the decisions for the garden, choosing its name and what is grown.

The garden even has its own monthly magazine, sharing news and the recipes that have been made with the produce.

When the GP Plus centre is built as part of the State Aquatic Centre project, Inner Southern will relocate to the new site – and so will The Happy Garden.

But in the shorter term, Inner Southern hopes to see the garden grow a little more. Cheryl says there is a sunny spot across the road just made for another vegie patch...

Development Matters



Contact your electrician to upgrade your smoke alarms with

Smoke alarms that comply with AS3786

Photo-electric smoke alarms which are connected to the mains power supply (hard wired)

Smoke alarms in all bedrooms, in passageways leading to bedrooms and in living areas

Smoke alarms that are all interconnected with one another

Get a new smoke alarm and be safe not sorry

If your smoke alarm is more than 10 years old it needs to be replaced. That is the clear message from the fire services.

Smoke alarm technology has improved significantly since legislation made alarms compulsory in 1995 and simply replacing batteries does not guarantee the alarm's integrity. This applies to both battery and mains powered alarms.

Old smoke alarms take longer to respond or may not respond at all. Additionally, the fire service says that the increasing use of synthetic

furnishings has reduced the time you have to get out of the house to less than four minutes, so every second is vital.

The fire services recommend that when you replace old smoke alarms you upgrade from the basic minimum required by law.

Phone 1300 737 637 for more information, or visit the MFS or CFS websites www.mfs.sa.gov.au www.cfs.sa.gov.au

Events Diary

MARION
CULTURAL CENTRE

Marion Cultural Centre

287 Diagonal Road
Just north of Westfield Marion
Email mcc@marion.sa.gov.au
www.marionculturalcentre.com.au
Bookings and Tickets
Visit the Box Office
or call 8375 6855
Monday to Friday 10am-5pm

May

Mingle after work Drinks

Friday 22 May 5pm - 7pm

Friday 24 July 5pm - 7pm

No entry fee, all welcome!

Come for a drink, friendly atmosphere and conversation whilst listening to live acoustic music. Fully licensed, and café open... bring a friend or two! Happy hour from 5 - 6pm. Stay and visit the gallery exhibition opening of new works.



The 3 Chillies

Tuesday 9 June 11am Matinee

Tickets \$12

This is club cabaret at its most entertaining. With strong vocals, these chillies will 'burn'. Its Shirley Bassey, Barbra Streisand and cool swing tributes to The Rat Pack... with funny anecdotes thrown in as well.

Out of the Square Presents

The Mike Stewart Big Band

Saturday 27 June 8pm Caberet

Bar open from 7.30pm. NO BYO

Tickets \$25 / \$20 Concession

Adelaide's finest jazz ensemble presents the swinging sounds of Count Basie, Dean Martin and Frank Sinatra featuring special guest Luke Thompson. A great night of entertainment!



Out of the Square Presents

Ladies of Country featuring Carole Sturtzel

Tuesday 7 July 11am Matinee

Tickets \$12

Take a Country Music journey with Carole Sturtzel and her band Wild Oats. From the 'Grand old Oprey' to 'Australian country Music Festivals' - Carole Sturtzel and Val Brook give you a musical tribute to country stars - Dolly Parton, Tammy Wynette, Teresa Breuer, Patsy Cline, Reva Mc Intyre and Carols daughter Australian Music star Beccy Cole. Sing along with such timeless numbers as "Stand by your man", '9 to 5', 'Your Cheating heart', "Walking after midnight" and many more.

Comedy Corner

Friday 24 July 7.30pm

Tickets \$15

Out of the Square presents a night of laughs featuring some of South Australia's best comics hosted by Mark Trenwith. Fully licensed, Café open. Pick up a Comedy Corner flyer for details of the evenings feature comic performers.

Have you ever come to the Marion Cultural Centre to book for an event only to be told 'Sorry we are sold out'? Our programs are growing more popular by the day and we don't want you to miss out. Be the first to know what's on at the Marion Cultural Centre! Send us an email at boxoffice@marion.sa.gov.au with your name and address and we will add you to our mailing list.



Out of the Square Presents

The Mike Stewart Big Band

Saturday 27 June 8pm Caberet

Bar open from 7.30pm. NO BYO

Tickets \$25 / \$20 Concession

Adelaide's finest jazz ensemble presents the swinging sounds of Count Basie, Dean Martin and Frank Sinatra featuring special guest Luke Thompson. A great night of entertainment!

July school holiday fun!

Friends of the
Library Presents

101 Dalmations Movie

Wednesday 8 July 10.30am

Tickets \$6

A charming London neighborhood is home to Roger and Anita, whose beloved Dalmatians, Pongo and Perdita, have become the proud parents of 15 puppies. But when Cruella and her bumbling henchmen, Horace and Jasper, unexpectedly appear, the pups soon disappear - along with every other Dalmatian puppy in town!

Lindi Jane

Friday 10 July 11am

Tickets \$5

A fun filled, cleverly skilled show featuring Snap Crocodilous, the cheeky crocodile from Kakadu and introducing, Dazey Wallabee, Sniffer Dog and Fluffi - Feline with special appearance's from Bonza Mate the big mischievous dog. Join in the fun with Lindi Jane one of Australia's most unique entertainers as she brings her characters to life in this witty & enchanting performance.

Wallaby Bob in The excellent Aussie Adventure

Tuesday 14 July 11am

Tickets \$6

The result of a journey through some of our most fascinating and inspiring terrain. With songs and yarns about rock wallabies, emus, wombats, kookaburras, Woma pythons and more. This is one excellent adventure that no Aussie Kid should miss.

The Fiddle Chicks

Thursday 16 July 11am

Tickets \$6

'The Chicks' have embraced many styles of music, whilst inventing their own new and exciting soundscapes with their violins. The Fiddle Chicks are seasoned educators and performers, teaching music skills to individuals, ensembles and bands at several Adelaide schools and many interstate venues.

Under Age Rage

Blue Light Disco

Fridays 1 May & 3 July 7.30pm - 10pm

Tickets \$5 Cash Only

Locked in & fully supervised by Police. Strictly 9 - 17 years. Tickets must be booked in advance at the box office.

Red Cross Blood Service

Monday 15 - Friday 19 June

The Red Cross Mobile Blood Collection Service returns to the Marion Cultural Centre. For enquiries and appointments please contact The Red Cross on 131 495

GALLERY

Art AND About

Gallery M

Monday to Friday 11am - 4pm

Saturday 12pm - 4pm

Sunday 1pm - 4pm

Closed public holidays

Telephone 8377 2904

Facsimile 8377 3241

Email info@gallerym.net.au

www.gallerym.net.au

Whole Gallery Exhibition

24 April - 17 May

3D x 5 Strictly Sculptural

Sculpture in various media by Shirley Ginsberg, Kon Heyer, Makram Iskandar, Greg Johns & Stephen Skillitzi

Whole Gallery Exhibition

24 May - 14 June

Peeking Through Someone Else's Window

Collage, photography & painting by Uta Mooney, Julia Thomas & Zoe Thomas

Whole Gallery Exhibition

21 June - 31 July

57th Blake Prize Touring exhibition

The Blake Prize reflects the multi-cultural nature of Australian society with works of art expressive of diverse religious faiths and others reflecting the spirituality of indigenous peoples.

The exhibition promotes religious and cultural diversity by fostering artistic and religious discourse.

Cakes Snacks
Meals Coffee

Senior cardholders
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Signatures Café

Open 7 Days

Monday to Friday 9.30am - 4pm

Saturday 10am - 4pm

Sunday 1pm - 4pm

Telephone 8375 6841

Marion Business



Simon (front) with Jakob, Fini and Mette.

One in six Australians suffer from hearing loss and that figure will rise to one in four by 2050 according to recent research. Untreated, hearing loss can lead to serious psychological and physical problems, yet often due to lack of knowledge and the stigma associated with wearing earpieces many people suffer unnecessarily because they wait too long before seeking treatment. A family-run business in Seacombe Gardens is breaking down barriers to treatment by combining personalised care with innovative technology.

By Richard Watson Photography Simon Stanbury

Formed in 2002 as a specialist earpiece manufacturer, The Audio Store has launched a retail service to directly serve the local community. People can now have their hearing assessed and have a custom moulded earpiece fitted on the same day at the same premises.

It is the ability to combine manufacturing capability with friendly customer care, however, which makes The Audio Store unique according to audiometrist Simon Close.

“We are a family business and clients react positively to the atmosphere that we create. We aim to provide a professional service that gives people instant access to the latest and most beneficial technology in a comfortable environment,” Simon said.

“Hearing loss is becoming increasingly common and only one in six sufferer’s conditions are treated. If people tell you that the television is too loud or you think that everyone is mumbling or you have a ringing in your ears it is definitely worth getting your hearing checked.”

Hearing loss costs the Australian economy

nearly \$12 billion per year with 160,000 people not working because of hearing difficulties. There is also a significant social cost as people with untreated hearing loss can feel isolated and frustrated and deliberately withdraw from social activities.

Rapidly improving technology is making it easier for people to have a better quality of life with a digital hearing piece. About 80 per cent of hearing pieces now sit behind the ear making them more comfortable and effective, whereas five years ago 80 per cent of pieces were fitted in the ear. Technology can also work as a form of prevention, according to Simon.

“The popularity of personalised hearing systems has the potential to cause preventable hearing loss to five per cent of the population. We can custom-make ear pieces to reduce ambient noise. This means that the system does not have to be played at such high volume and reduces the risk of damage,” he said.

“Digital hearing aids can be integrated with technology such as Bluetooth. They also have a

data log to show how long they have been used and can self-diagnose problems. All these things encourage people to use the pieces correctly and receive maximum benefit.”

The Audio Store team consists of siblings Fini and Mette (prosthetic technicians) and Jakob (audiometrist) and Simon who joined the family by marrying Mette. They have a combined industry experience of 45 years and produce about 1000 hearing aid moulds for clients throughout Australia.

While they are continually investigating new technology, Simon explained that traditional customer care that will take the business forwards.

“We want to provide what’s best for our clients so we listen to them and communicate clearly in return. As an independent supplier we can recommend the most appropriate products,” he said.

“Hearing rehabilitation is ongoing so you have to build long-term relationships with people ... in a way they become part of the family.”

Tall Poppies Shannon



Mum Jodie with Emma (left) and Shannon (right).

While most girls her age are thinking about the latest fashion or their favourite TV shows, Shannon is more likely to be doing one of the hundred things that keep a household running. At 11, the Marion Primary School student is one of the growing number of young people who are caring for ill or disabled parents.

By Georgia Gowing Photography Simon Stanbury

Mum Jodie has been ill since 2005 and doctors suspect lupus, a difficult-to-diagnose disease with a range of symptoms that leave her tired, in pain and some days confined to a wheelchair.

Apart from caring for her mother and helping with the housework, shopping and cooking, Shannon often gets seven-year-old sister Emma and 14-year-old brother Damien, who has Asperger's Syndrome, organised for school in the morning.

"I would be lost without Shannon," Jodie says. "We would all be in a lot of trouble without her. I couldn't have done what she does at her age. And she still manages to get full marks at school! She's just brilliant."

And Shannon is not alone. Figures showing that at some stage in their young lives, about one in 15 South Australian children – or two students in every classroom – will be classified as carers.

Jayne-Anne Power from Carer Support and Respite Centre says children as young as five are spending up to 30 hours a week caring for family members.

"Mostly young people are coping because they don't know it could be different," Jayne-Anne

says. "Plenty of kids think, 'What's all the fuss about me being a young carer? This is just normal.'"

"My life is the same as everyone else's," Shannon says with a shrug. "I'm still being a child. I get a lot of the same opportunities as other people, but there are things I do miss out on, like having friends over or going out in the evening. It doesn't really bother me, but it might bother some people."

Little sister Emma is already beginning to follow in Shannon's footsteps, doing jobs around the house and fetching and carrying for her mum.

"Emma does things that a lot of kids her age don't do," Jodie said. "She's my little nurse. One morning I was pretty crook and had to go to hospital and she was watching as the ambos stuck needles in me. She wasn't fazed by any of it – she was interested. The ambos were really impressed."

While illness has thrown the family many challenges, it also brought them closer together.

"You do carry a lot of guilt, though," Jodie says. "You just want to be able to give them

everything, so there's always that grief. You lose so many different things."

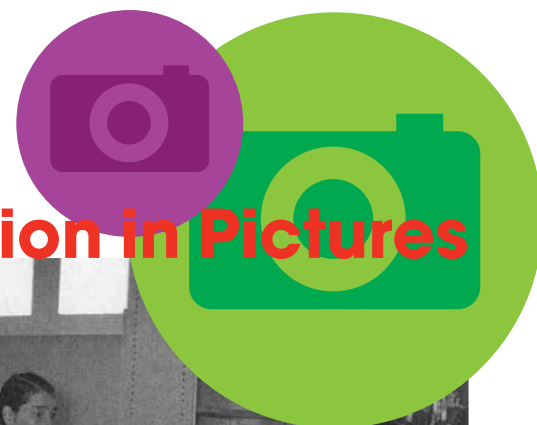
"But you gain a lot too," Shannon says quickly. "We get so much more time with you."

Carer Support and Respite Centre tries to make sure that young carers are supported and have the chance to meet other young people in similar situations.

Their Raw Energy program has been running for 10 years, providing in-home support and respite, plus the activities and outings that most children take for granted, such as an afternoon of ice skating or a weekend camping trip.

"Carer Support really saved us at one point," Jodie says. "We just needed a break from all the medical stuff, a bit of respite. We felt like we were on thin ice and they helped us stay sane. I wouldn't be surprised if they kept a lot of families together."

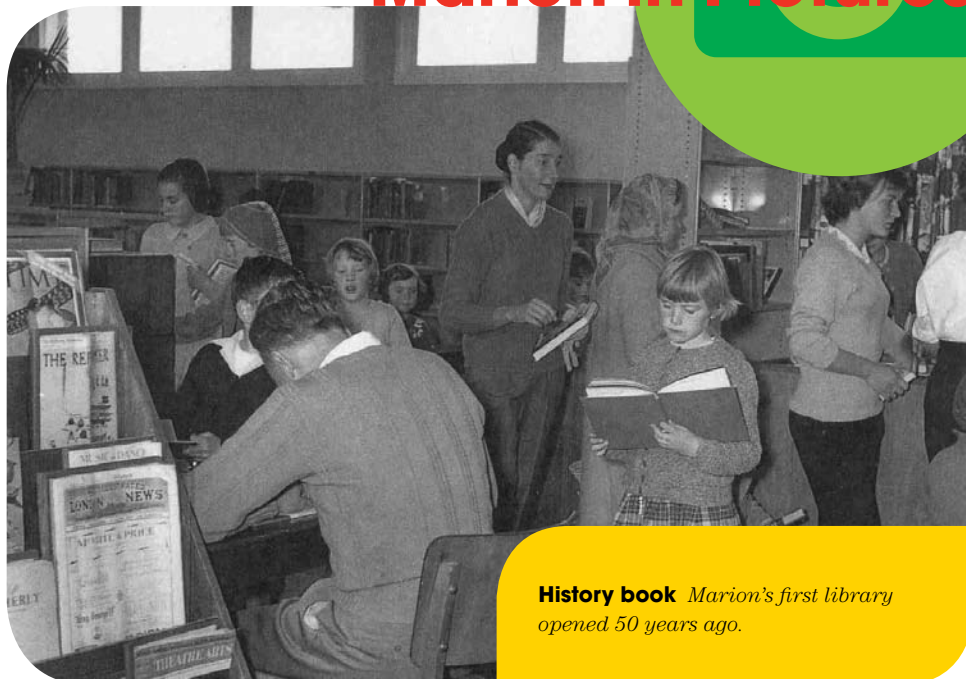
If you are a young person who cares for a family member with a disability and would like someone to talk to, contact Carer Support on 8379 5777 or visit www.carersupport.org.au



Marion in Pictures



Flying high Skaters grab some air at the Capella Drive skate park, Hallett Cove.



History book Marion's first library opened 50 years ago.



Australia Day Award winners Young Citizen of the Year David Spiers, Citizen of the Year Janice Hedger and representing the Kiwanis for Community Event of the Year, Peter Hosburgh.



Shine a light Suburban Giants arts program hits the streets.



Play it again Sam The conversation piano hits the right notes at Marion Celebrates.



Marion Community Diary

Courses and classes

Art Classes (8296 3859)

Beginners - advanced. Splashout Studios
Phone for brochure

What is GOOD art? (0407 893 042)

Learn the art of appreciation at Steed House Art Gallery.

Cooinda Neighbourhood Centre (8375 6703)

A range of classes including exercise, dance, craft and dressmaking.

English conversation group (8277 7842)

For people with English as a second language who want to improve their skills. Ascot Community Uniting Church.

Grief management (8371 1009)

Short courses and seminars for those who have experienced loss of loved ones. Alfred James Bereavement Education Centre.

Hallett Cove Youth Choices Program (8177 3478)

An education and training program for young people (16+) who have left school without SACE and have no immediate employment, training or education options.

Linedancing for Beginners

(8281 4767 or 8296 4908)

Exercise and make new friends. Step-by-step instruction.

Mitchell Park Neighbourhood Centre (8277 8435)

Weight Watchers, table tennis, English, maths and conversation classes. Lifestyle programs for young adults with an intellectual disability, money management, cooking, safety and first aid.

Picket Fence Community Centre (8374 2522)

An outreach of St Mary's Anglican Church, open to people of all ages. Monday, Thursday and Friday 11am-3pm, phone.

Seniors-On-Line (8201 7727)

Introductory word processing, Internet & email computer classes for seniors with little or no computing or typing experience. Classes run by experienced seniors www.sol.asn.au

The Project Centre (8276 5793)

Woodwork and sheet metal work two-hour sessions (\$3).

Southern Cross Adelaide Line Dancing (8277 0583)

For beginners and experienced dancers.

Troft Park Neighbourhood Centre (8387 2074)

Yoga, Tai Chi, pilates, cooking, men's shed, kindergym, gymnastics, breakdancing, French, creative writing, perfume and candle making.

Warradale English language program (8276 2103)

Learn English language and conversation skills one-on-one.

Interest groups

Aboriginal and Torres Strait Islander playgroups (8296 2686)

For children 0 to pre-school. Cultural storytelling, music and dance, craft and toys, health checks. Families welcome. Lunch and transport provided. 11.30am-1.30pm Mondays during school term. Darlington Kindergarten.

Australian Retired Persons Association (8277 0174)

Every Wednesday 10am-3pm, Glandore Community Centre.

Community Philatelic Society (8276 9691)

Meetings alternate Fridays at 7.30pm, Cosgrove Hall, York Avenue, Clovelly Park. Displays and stamp sales at every meeting.

Friends of Glenthorne

(Alan 8340 5509 or 8381 2708)

Help the environment through working bees and monthly meetings.

Friends of Hallett Cove Conservation Park (8381 8029)

Help preserve the geological and botanical aspects of the park. Guided walks, re-vegetation, education, plant identification and geological tours for school and community groups. Working bees 9am-12 Thursdays.

Friends of Lower Field River (8387 5227 or www.fieldriver.org).

A land care group established by Hallett Cove residents to protect and care for the lower portion of the Field River and its environs. Includes Cormorant Reserve, the river's estuary at Hallett Cove Beach and nearby sand dunes.

Friends of Marino Conservation Park

Regular working bees for revegetation, weed control, seed collection, propagation and planting. Working bees 2nd Thursday of the month and last Sunday of the month at 9am. Meet at Nimboya Rd car park.

Greenfield Community Club (8298 5400)

Activities and outings for older people looking for new friends.

Marion Historical Society (8296 5769 or 8277 1974)

Interested in local history? Want to preserve Marion's heritage? Meet 7.30pm, third Wednesday each month at Cooinda (next to Council Chambers).

Marion Youth Theatre (8387 5051)

Youth workshops in theatre and film making at Cooinda Recreation Centre, Tuesdays and Thursday evenings with self devised theatre productions staged locally by community youth.

Probus Club of Marion (8297 5948)

For retired and semi-retired men looking to keep their minds active, expand interests and enjoy the fellowship of new friends. Meets 10am on the first Monday of most months.

Square Eyes (8375 6891)

Are you an emerging artist still looking for that important break? Be seen and heard at the Marion Cultural Centre's Square Eyes display. Contributions of animation, music, film, or multi-media welcome.

Sunset Twirlers (82971938)

Modern square dancing for beginners. A great way to exercise, have fun and meet new people. Held at Cooinda.

Retirees and Friendship Club (8293 8626)

Every generation community afternoon to be held at Parkholme Community Hall on 11 October 2007 from 1pm. Craft stall, raffle, SA Police Dixie Band. Cost \$5.

Services

Are you concerned about refugees? (Beverley 8296 0761)

A Circle of Friends has been formed in the southern, Holdfast and Marion areas to support refugees in Baxter and the community.

Alzheimer's Australia SA (8372 2100 or www.alzheimers.org.au)

Provides services for people living with many forms of dementia and memory loss as well as support for their family carers.

Childhood assessment workshops (8277 2488)

Development delay can impact on a child's attention, hand skills, play, sensory processing and self-care abilities.

Community Visitors Scheme (8277 2488)

Would you like to be a friend to a lonely person in a nursing home? This scheme aims to break the isolation of aged care residents through volunteers who can share time and interests.

Do you have kids under 5? (8276 8578)

If so Mitchell Park Kindergarten Playgroup is the place you need to visit. We meet on Fridays during school term 9.30am - 11.30am. Please call the Kindy for details.

Employment Plus (8329 9800)

A committed team of professionals offering a free recruitment service to employers.

Hallett Cove Baptist Community Centre (8322 6469)

Games, coffee, quizzes, darts, carpet bowls, table tennis, pool), pre-school activities, computer courses, Cove Crowd Youth Group (meet new high school age friends); activities alternate Tuesdays. Gold coin donation.

Southern Mental Health Services for Older People (8357 6155 or www.smhsfop.asn.au)

Advice, consultation and treatment for people aged 65+ (45+ for indigenous people) with mental health problems who are living in the south. A multidisciplinary team provides a flexible and holistic service to clients and carers in their own environment.

Uniting Care Wesley Confident Parenting Program (8329 1700)

Do you love working with children and families? Do you have a couple of hours to spare each week? Why not consider volunteering? This program provides advice and home visit support to families in the south of Adelaide experiencing isolation and lack of family support.

Moving through suicide grief (8322 6469)

Individual and group support for anyone experiencing loss of a loved one through suicide. Confidentiality and sensitivity assured with trained and experienced counsellors.

Safer Communities Australia (8373 0818 or www.safercommunities.asn.au)

Responsible adults can apply to have their houses or businesses registered as Safety Assist premises. Police and community checks are conducted on all applicants.

Sports and activity groups

Active Elders (8293 1090)

People over 50 welcome to join us for fun and fellowship. Lots of activities so no need to be lonely. 12-4pm Wednesdays.

Atlantis AUSSI Masters Swimming Club (0438 802 594 or <http://atlantis.aussisa.org.au>)

For adult swimmers of all levels - training, competitions, awards and social activities.

Bicycle Institute of South Australia (8411 0233 or www.bisa.asn.au)

A voluntary, not-for-profit, community organisation representing all cyclists in South Australia.

Del Sante All Ability Gymnastics Club (8244 5146)

All abilities and disabilities welcome. Excellent for improving balance, co-ordination, mobility and social skills.

Indoor bowls (8293 5350)

Relax and enjoy this all-weather sport for all ages and make new friends. 7.30pm Wednesdays at Clovelly Park Memorial Community Centre.

Keep walking (8298 1321)

Walks for a range of fitness levels with accredited leaders. Bushwalking and near-city walks, Scott Creek, Mount Crawford, Belair, Kuitpo Forest and others. Starting times: Sundays 10am, weekdays 9.30am. Cost \$8 for three and four hour walks. \$7 for two hour walks. \$1 off for concession holders.

Marion Arthritis Branch (Roger on 8298 8265 or 0411 448 620)

Meets at 1pm fourth Friday each month except December. Talks and questions answered.

Marion croquet (8296 2353)

Play either croquet or golf croquet. Coaching and introductory help provided.

Marion Mall Walkers (Margaret 8296 9088 or Leonie 8293 6098)

Meet Monday, Thursday and Friday at 7.20am for warm up exercises. Walk until cool down at 8.20am. Start at information counter adjacent to Charlesworth Nuts. All welcome, all weathers. Walk at your own pace. Great exercise followed by a social chat over coffee.

Out and About (8277 8435)

A social and recreational group for people with a disability aged 18+. Activities include ten-pin bowling, crafts, barbeques, cinema, lunches.

Over 50's Travel & Social Club (8387 0352)

Meet new friends and share your travel stories. 1.30pm first Friday each month except in January. Membership: \$10 and entry fee \$5.

Lasting Impressions

Myrle Campbell



Friend in need Myrle takes Stephen Weiss and Greg Tinnermans for a stroll.

It's an unusual day when Myrle Campbell doesn't learn something new. I have this commitment to lifelong learning," the Glengowrie volunteer said. "I must be busy and I like to do things. I like to be tired when I go to bed at night and be able to look back and think, "You've covered a bit of ground today."

By Georgia Gowing

Photography Simon Stanbury

And even at 75, Myrle certainly does cover a lot of ground. She volunteers with a group for intellectually disabled adults at the Cooinda Neighbourhood Centre, helping to serve lunch, to research and plan activities. She also takes computer classes at Hamilton College two days a week, is a regular visitor to the gym and recently started the Mayor's Leadership Program.

This year's Mayor's Leadership Program began in March, with participants to meet over six months to learn skills such as strategic thinking

and planning, project management, presentation, community leadership and creative thinking.

As part of the program, all participants nominated a project they would like to work on. Never one to do things by halves, Myrle nominated two. She is hoping to begin a talking book program through the City of Marion Library Service, with starting social dances for people with intellectual disabilities as a second option.

"People who have had some sort of trauma in their lives and can no longer concentrate on reading a book as a result often feel terribly lost," Myrle said. "You don't have to be blind or living in a nursing home to need talking books. I want to start a program to deliver on-loan talking books to isolated people in their homes, but I don't know yet how to identify those people and get in touch with them."

This project may be new, but helping others has been a big part of Myrle's life for many years. She returned to Adelaide recently from the Riverland, where she volunteered for close to 10 years, organising supervised discos for local schoolchildren, ushering at the Chaffey Theatre, setting up the theatre's candy bar and organising art exhibition openings at her own home.

"Volunteering is about lifelong learning too," she said. "When you are a volunteer, you meet other people and you learn from them. It keeps you active, therefore it keeps you healthy. It keeps your brain moving. Not only are you helping other people, volunteering is good for your body and soul. And I feel like I have a lot of skills. If you haven't learned something by my age, you're in trouble."

But Myrle wasn't always confident in her ability to achieve things. Leaving school at 14, she worked at Holdens for many years, sewing seats and trim.

"When my children got to high school, I realised how much knowledge was out there," she said. So she went back to school at 40, studying Year 12 at the same time as her son.

"My son and I were both doing biology at different high schools and I was having a terrible time with it. If he hadn't helped me, I wouldn't have passed. I've always laughed about it, telling him he wouldn't have got an A if he hadn't had to come home and repeat it all to me."

Myrle went on to study at the University of Adelaide, earning a Bachelor of Arts and a post-graduate qualification in administration before landing a job as administrator at Radio Adelaide.

With her busy schedule of volunteering and studying, it is inevitable that some things will fall by the wayside, but Myrle says life is all about priorities.

"The more you do out there, the better it is and the more you learn. Sure, I haven't got time for cleaning the house today but it will still be there tomorrow. You can't do all these things out there if you just stay at home to clean."

If you would like to be part of the talking books program, either as a volunteer or a client, or if you know someone with an intellectual disability who would like to join Cooinda's lunch group, you can contact Myrle through the Cooinda Neighbourhood Centre on 8375 6703.