Cultural Connection with Dreamtime Yoga

Thursdays at Warriparinga

LIVING KAURNA CULTURAL CENTRE
Warriparinga Way (Off Sturt Road)
Bedford Park SA 5042
Bookings Essential
T 8357 5900

$11.50 pp
Groups of 10 - 20 students (negotiable)
3 to 12 years
1 Hour duration per Workshop

Cultural connection workshops with Dreamtime Yoga for kids and families.

This workshop is set in a fun outdoor space filled with yoga games, breathing exercise, music and movement, relaxation and mindfulness to teach our youngest community members about Aboriginal Culture - but most importantly connection to self, groundedness and connection to community through movement.

Introduce your young people to Aboriginal ideas, culture, community, connection and creativity using outdoor open space, natural sensory aids and elements to get the best experience possible.

marion.sa.gov.au/lkcc
Living Kaurna Cultural Centre