

Cultural Connection with Dreamtime Yoga



Thursdays at
Warriparinga
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LIVING KAURNA
CULTURAL CENTRE
Warriparinga Way
(Off Sturt Road)
Bedford Park SA
5042

Bookings Essential
T 8357 5900
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\$11.50 pp
Groups of
10 - 20 students
(negotiable)

3 to 12 years
1 Hour duration
per Workshop

Bookings
Essential
T 8357 5900

marion.sa.gov.au/lkcc

 Living Kurna Cultural Centre

Cultural connection workshops with Dreamtime Yoga for kids and families.

This workshop is set in a fun outdoor space filled with yoga games, breathing exercise, music and movement, relaxation and mindfulness to teach our youngest community members about Aboriginal Culture - but most importantly connection to self, groundedness and connection to community through movement.

Introduce your young people to Aboriginal ideas, culture, community, connection and creativity using outdoor open space, natural sensory aids and elements to get the best experience possible.

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