

TERM 3, 2018 23 July - 28 September 2018

Welcome to the Trott Park Neighbourhood Centre online newsletter. Our centre offers a variety of activities and programs for everyone's taste, including exercise programs, kids programs, art and crafts and much more.

Read on to find out more.

[VISIT OUR WEBSITE](#)

Pizza Mondays

Join us each Monday of school term as we fire up the pizza oven for a delicious mozzarella pizza. Fresh espresso coffee also available.

Mondays (school term only)
11am - 12noon
COST: \$1.00 per slice pizza /\$2.00 coffee

T8387 2074
No Booking required



Plastic Free July Activities

This free workshop will give you the opportunity to make your own environmentally friendly products, such as Beeswax Wraps, Produce bags and Boomerang bags.

Monday 30th July
12noon - 2pm
COST: Free

T8387 2074
Bookings essential



Yoga

The practice of yoga makes the body strong and flexible, it also improves the functioning of the respiratory, circulatory & digestive systems and brings emotional stability and clarity of mind.

Fridays
10.15am - 11.15am
COST: \$7.00

T8387 2074
Bookings essential

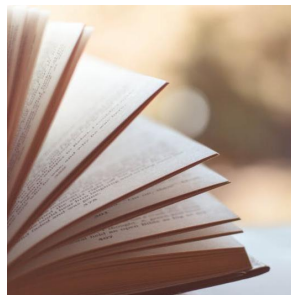


Book Club

If you have a love of reading and are interested in meeting new people with a similar passion, then come along to our friendly book club,

2nd Tuesday of the Month
1.00pm - 2.00pm
COST: Free

T8387 2074
Bookings essential



Strong Girls

This program is designed to support and strengthen wellbeing of our girls in a fun and accepting environment focusing on different topics each week.

Mondays
4.00pm - 6.00pm
COST: \$5.00 per week

T8387 2074
Bookings essential



Playgroup

Give your children an opportunity to play, learn and interact. A hands-on playgroup, we encourage your active involvement in the planning and development of our program.

Mondays
9.30am - 11.30am
COST: \$3.00

T8387 2074
Bookings essential



FOR A FULL LIST OF OUR
PROGRAMS & EVENTS VISIT
OUR EVENT CALENDAR
[CLICK HERE >](#)



Trott Park Neighbourhood Centre | 34 Hessing Crescent, Trott Park | 8387 2074

[VISIT OUR WEBSITE](#)